



Welcome to the seminar in Sarajevo from 15th - 17th of September, 2023

Systemic Constellations Training Program

Sarajewo
15th - 17th of
September, 2023

Time-table:

Friday, 15 Sep: 16-20
Saturday, 16 Sep: 10-18
Sunday, 17 Sep: 10-18

Price:

Fri-Sat-Sun: 280 KM
Sat-Sun: 240 KM
Guest clients: 80 KM

Registration:

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(The training started in 2011 and Horst Brömer will handed it over to a group of experienced therapists and counselors who will continue the training.)

You are cordially invited to take part in a training and experiential seminar on systemic constellations led by Mr. Horst Brömer, psychologist, psychotherapist, supervisor and systemic constellations facilitator and trainer from Berlin.

This seminar will be the last one under the training program of the second generation of trainees, future systemic constellation facilitators in BiH.

The training program including experiential and therapeutic work has existed since 2011. It is based on the community of trainees who are learning together, identifying causes of and solutions to difficulties, problems or illnesses in their private or professional lives. Personal experience and constellations are at the focus. All participants in the training are given an opportunity to work on their personal or work-related issue. Through particular exercises and life questions, the training participants get familiarized with and learn basic theoretical and methodological principles of the technique. In order to preserve the group dynamics, the participants are expected to be in attendance throughout the whole seminar.

The group work is completely confidential.

Systemic constellation work is a therapeutic technique primarily used in group therapy work. It has proved to be exceptionally effective in understanding trans-generational transfers of unresolved conflicts, traumas, experiences and emotions within a family system, thus offering an additional understanding of various forms of maladjusted behaviors. Systemic constellations are widely and effectively applied in organizations and work-related context. Organizational constellation work deal with the dynamics of enterprises and other organizations, the meaning of hierarchy and power, team-building and different aspects of leadership.

The seminar is intended for:

- helping professionals (physicians, psychologists, social workers, pedagogues, theologians...) who do therapy work with clients/patients,
- Other professionals (coming from business organizations, GO/NGOs, public sector, educational institutions etc.) who would like to be trained in application of constellation principles in work context.
- Individuals in psychotherapy who want to do own constellation, accompanied by their therapist.

We shall engage in some of the following topics in the context of the complex living conditions in BiH and worldwide at present day:

- Personal responsibility and empowerment; how to act in vague times; acceptance of what is as a challenge in the “now and here”;
- Advantages of the constellation work in discovering difficult family relations and entanglements, especially in regard to the recent history on our country
- Detection of hidden rules of unhappiness, feelings of powerlessness to influence and make changes in one’s life,
- Easing the burden of severe illness, easier handling of physical and psychological stress
- Transformation of any sort of dependence into appreciation and self-determination,
- Detection of the strong support of new orientation and self-conviction and positive credo